**Nenagh Olympic Athletic Club**

[**www.nenagholympic.com**](file:///C%3A%5CUsers%5Cnenag_000%5CDocuments%5CNOAC%5CNorthTippPrimarySchools%5Cwww.nenagholympic.com)

**North Tipperary Primary Indoor Competition for 4th, 5th and 6th classes.**

**Nenagh Indoor Stadium Wednesday, February 15th, 2017.**

**EVENTS**

Girls & Boys 4th Class: 60m, 300m, Long Jump, Turbo Javelin, 4 x 100m Relay.

Girls & Boys 5th Class: 60m, 500m, Long Jump, Turbo Javelin, 4 x 100m Relay.

Girls & Boys 6th Class: 60m, 600m, Long Jump, Shot, 4 x 100m Relay.

Mixed (2 boys and 2 girls) 4th, 5th and 6th Classes: 4 x 100m Relay.

**Check in: 10am SHARP!**

**Field Events**

|  |  |  |  |
| --- | --- | --- | --- |
| **Series** | **1** | **2** | **3** |
|  | 10.30 | 11.00 | 11.30 |
| L.J. Pit-1 | B 4th | B 6th | B 5th |
| L.J. Pit-2 | G 4th | G 6th | G 5th |
| Shot |  | G 6th | B 6th |
| Turbo Javelin | B/G 4th |  | B/G 5th |

**Track Events at 10.30am**

**Outside track.**

Girls & Boys 6th Class 600m

Girls & Boys 5th Class 500m

Girls & Boys 4th Class 300m

**Inside track**.

Girls and Boys 6th Class 60m

Girls and Boys 5th Class 60m

Girls and Boys 4th Class 60m

* **Finals of sprints will be run immediately after heats.**
* **Athletes may enter only ONE track event and ONE field event on the day.**

**Relays**

* **Relays will start immediately after completion of inside and outside track events.**
* **Order of the relays may change, depending on the progress/completion of Field Events**

Girls. Boys. Mixed 6th Class. 4 x 100m

Girls. Boys. Mixed. 4th Class 4 x 100m

Girls. Boys. Mixed. 5th Class 4 x 100m

* **All athletes confined to their own classes in individual events. In Relay Races, athletes may move up a class.**
* **Athletes may only compete in ONE Relay.**

**The order of events may be changed on the day depending on how events are progressing**